

CDC's Health Protection Goals

March 8, 2005

Health Promotion and Prevention of Disease, Injury, and Disability

Overarching Goal

All people, especially those at higher risk due to health disparities, will achieve their optimal lifespan with the best possible quality of health in every stage of life

People (by Life Stage)

Infants and Toddlers (0-3 years)

Health Impact Goals

- The United States is one of five countries with the highest rates of infant survival
- At least 99% of infants and toddlers are in very good or excellent health
- At least 90% of infants and toddlers with developmental conditions are promptly identified and treated
- Mortality from injuries and other causes is reduced 25% among children 1–3 years, saving at least 1,000 lives per year

Children (4-11 years)

Health Impact Goals

- At least 95% of children are in very good or excellent health
- At least 95% of children have a healthy weight
- At least 95% of children have no limitation in activity due to a chronic physical, mental or emotional problem
- Mortality from injuries and other causes is reduced 25%, saving at least an additional 1000 lives per year

Adolescents (12-19 years)

Health Impact Goals

- At least 95% of adolescents rate their health as very good to excellent
- At least 95% of adolescents are tobacco free
- At least 95% of adolescents have no limitation in activity due to a chronic physical, mental or emotional problem
- Two out of three adolescents have a healthy weight and practice behaviors which protect them from cancer, heart disease, diabetes, sexually transmitted diseases and other preventable infections during adolescence and later life
- Mortality from injuries and other causes of death is reduced by 25%, saving at least an additional 4,000 lives per year

Adults (20-49 years)

Health Impact Goals

- At least 85% of adults rate their health as very good to excellent
- At least 95% of adults are tobacco free
- The majority of adults have a healthy weight and practice behaviors to protect themselves from cancer, heart disease, diabetes, sexually transmitted diseases and other preventable infections
- At least 90% of adults have no limitation in activity due to a chronic physical, mental or emotional problem
- Mortality from injuries and other causes is reduced by 25%, saving at least an additional 50,000 lives per year

Older Adults (50+ years)

Health Impact Goals

- At least 70% of older adults rate their health as very good to excellent
- At least 95% of older adults are tobacco free
- The majority of older adults have a healthy weight and practice behaviors to protect themselves from cancer, heart disease, diabetes, and injuries
- At least 70% of older adults have no limitation in activity due to a chronic physical, mental or emotional problem
- Average lifespan of older adults is increased by 2 healthy life-years

Preparedness

Overarching Goal

People in all communities will be protected from infectious, occupational, environmental, and terrorist threats

Pre-event Goals

Prevent

1. Increase the use and development of interventions known to prevent human illness from chemical, biological, radiological agents, and naturally occurring health threats
2. Decrease the time needed to classify health events as terrorism or naturally occurring in partnership with other agencies

Detect

3. Decrease the time needed to detect chemical, biological, radiological agents in tissue, food or environmental samples that cause threats to the public's health
4. Improve the timeliness of information regarding threats to the public's health as reported by clinicians and through electronic early detection in real time

Report

5. Increase the number of health events reported to CDC

Event Goals

Investigate

6. Decrease the time to identify causes, risk factors, and appropriate interventions for those affected by threats to the public's health

Control

7. Decrease the time needed to provide countermeasures and health guidance to those affected by threats to the public's health

Post-event Goals

Recover

8. Decrease the time needed to restore health services and environmental safety to pre-event levels

9. Increase the long-term follow-up provided to those affected by threats to the public's health

Improve

10. Decrease the time needed to implement recommendations from after-action reports following threats to the public's health

Places – to be developed

Healthy Communities

Healthy Homes

Healthy Workplaces

Healthy Schools

Healthy Hospitals & Healthcare

Healthy Institutional Facilities (prisons, daycare)

Healthy Travel & Recreation

Global Health – to be developed